



# INSTITUTE OF HEALTH SCIENCES

(A Unit of Margdarsi)

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## 4.1.2 The institution has adequate facilities to support physical and recreational requirements of students and staff – sports, games (indoor, outdoor), gymnasium, auditorium, yoga centre, etc. and for cultural activities

The Institute encourages and facilitates the students to participate in various activities to ensure skill like leadership, team spirit and holistic development. Students are participated in National and State level sports/game events and won many awards.

**Outdoor games:** Cricket, Volleyball, Running race, Kho-Kho, Tug of war, Three Leg Race, Lemon & Spoon, etc. All activities are playing in the institute playground; there is a separate facility for girls & boys.

**Indoor Games:** Music Chair, Chess, Ludo, Antaksari, Rangoli, Mehendi, Tambola, Debate, Passing the parcel, Passing the pillow, Dumsaras, Art competition, Communication development Program, Aerobic, Yoga Activities, Painting on theme, Cultural Activities: Dane (Solo/group/duet), Song (Duet/Group/Solo), Ramp show, Drama, One act play,

**Auditorium:** The institute has 250 capacity auditoriums with audio video & Wi-Fi facility

SL. NO.	EVENTS
1.	LEMON SPOON RACE
2.	VOLLEY BALL
3.	BADMINTON
4.	TUG OF WAR
5.	200 METER RACE
6.	KABADDI
7.	RELAY RACE
8.	CHESS (INDOOR)
9.	3 LEG RACE
10.	CARROM (INDOOR)
11.	ARM WRESTLING
12.	CASE DEMONSTRATION
13.	CRICKET
14.	SHUT PUT
15.	DUMSHARAS
16.	LUDO
17.	KHO-KHO

Director  
Institute of Health Sciences  
Bhubaneswar